



Road Bike Tours
Between Jasper & Banff, Alberta
Custom Bike Tours Available

780.885.9813
mountainmadnesstours.com



12 day Jasper to Waterton National park Cycle / Sightseeing Tour
With two shorter 7 day tour options available:
Jasper to Canmore (first half) or Canmore to Waterton (second half)

Discover the Rockies by Bike

12 Days (11 Nights) | From: CAD \$3,919 per person + 5% gst (twin share) OR
7 Days (6 Nights) | From: CAD \$2,239 per person + 5% gst (twin share) First or second half of tour

Cycling Jasper to Waterton through three National Parks over twelve days is the ultimate cycling tour in Western Canada. An incredible setting in which to challenge yourself physically and mentally, yet find the ability to let go and immerse yourself in the rejuvenation of the Rockies.

The tour begins with a few leisurely rides and some sightseeing or activities in and around Jasper National Park and the relaxed mountain town of Jasper. On day 3 we'll start our journey on the world famous Icefields Parkway. This relaxing introduction will warm you up nicely for the longer and more challenging days ahead. The next two days see us cross into Banff National Park and visit the iconic Lake Louise. The final day of riding leading up to a well deserved rest day finishes spectacularly as we cruise into Banff on the undulating Bow Valley Parkway and the Legacy trail into Canmore.

After taking a rest day to visit all the sights and attractions in Banff and Canmore we'll continue on through Kananaskis Country and over the highest paved road in Canada to the cowboy town of Longview. We then spend the last two days of the tour rolling over undulating prairie hills with views of the Rockies off to the west. We end up finishing the tour back in the mountains again in Waterton National Park.

The mountain scenery is truly breathtaking and the slower pace offered by the bicycle means there is ample time to appreciate it. You'll take in the views, snap lots of photos, have a few rest breaks - and we'll still arrive at our nightly destinations with time to spare. Relax in the evenings with a hot bath or a beverage enjoyed in the blaze of a mountain sunset, or explore the nearby sights and views on foot. Staying in the unique and cozy hotels along the way will give you the extra comfort each night that you deserve. You've worked hard during the day, and we love giving you time to pamper yourself in the evening.

Total tour distance: 726 km + (depending on whether you choose to take on any of our additional "bonus trips" for a little extra mileage!)

Day 1: Drive from Edmonton to Jasper, short rides / sightseeing in around Jasper.

Day 2: Bike rides in and around Jasper or other activities / sightseeing.

Day 3: Ride Jasper to Sunwapta Falls **(56 km)**. Additional side trips are available if desired.

Day 4: Ride Sunwapta Falls to Saskatchewan River Crossing. **(98 km)**

Day 5: Ride Saskatchewan River Crossing to Lake Louise. **(85 km)**

Day 6: Ride Lake Louise to Canmore via Banff and Lake Minnewanka loop **(100 km)**

People joining the second half of the tour arrive in Canmore in the afternoon.

Day 7: Rest day in Banff / Canmore area, relax / optional activities.

People ending the first half of the tour depart Canmore around midday.

Day 8: Ride Canmore to Kananaskis Villiage **(63 km)** + chill or additional activities.

Day 9: Ride Kananaskis Villiage over high wood pass, highest paved road in Canada, **(130 km)**

Day 10: Ride Longview to Pincher Creek **(134 km)**

Day 11: Ride Pincher Creek to Waterton National park **(60+ km)**, Pack up bikes.

Day 12: Travel back to Calgary and Edmonton for flights home in the afternoon.



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Arrival Day: Edmonton or Jasper

If arriving into Edmonton or Jasper from out of town or country, please plan to arrive a day before the scheduled tour departure date. (Bike rentals, arrival night accommodation and airport transfers are also available at additional cost)

Traveler's Tip: Arrive a couple of days early to explore Edmonton, the capital city of Alberta and North America's largest northernmost city. Get a few more days of self-supported riding and sightseeing in on the numerous bike paths and trails in and around Edmonton. You may also arrive in Jasper today if travelling by train from Vancouver.

Things to Do:

- Experience Edmonton's magnificent River Valley which spans 48kms and crosses through 20 parks and attractions.
- Check out Elk Island National Park; only 40 minutes from the City Centre
- Go skydiving, shopping, golfing, dining, visit Museums, cultural sights and more.

Wednesday 6th July: Transfer to Jasper

Coffee in hand, you will be picked up from your accommodation bright and early this morning for your transfer to Jasper. Exact departure details will be published closer to the actual tour date. We'll make a quick lunch stop in Hinton and start the trip off right with a visit to Meitte hot springs close to Jasper. We'll unload the bikes and get settled at Beckers Chalets located on the banks of the Athabasca River. Local rides or activities will be available to fill the afternoon. Dinner will be at the onsite restaurant.

Traveler's Tip: If coming from Vancouver, we can also meet you in Jasper today if you wanted to take the relaxing scenic journey by train from Vancouver to Jasper (instead of flying into Edmonton).

Thursday 7th: Chill day in Jasper

After breakfast at the onsite restaurant we'll do some local rides in and around Jasper and visit various attractions / sights in town. Dinner tonight will be at the onsite restaurant.

Traveler's Tip: Additional activities today could include a Gondola ride up to Whistlers peak, various hikes, a round of Golf, Sightseeing in Malign Canyon, Medicine Lake, Maligne Lake, Mt Edith Cavel, a boat cruise on Maligne Lake, Whitewater rafting on the Athabasca or Sunwapta Rivers, or souvenir shopping in town.

Friday 8th: Icefields Parkway to Sunwapta Falls – Total Distance: 56km (35 miles)

After a leisurely breakfast we'll review the route, elevation, and bike safety tips and you and the group will set off on an epic adventure as you are guided onto the beautiful Icefields Parkway. Watch out for wildlife and townfolk cheering you on! There will be one rest stop at the spectacular Athabasca Falls which will help bring the group back together, as well as supply you with some nutrition. We will then continue on to our accommodations at the *Sunwapta Falls Hotel*. A delicious 3-course meal will be served in the on-site restaurant.

Things to Do:

- After dinner, relax with a glass of wine in front of your in-room fireplace (available in most rooms).
- Take a short, 1km walk down to the nearby falls and venture along one of the many hiking paths that snake along the river.
- Sit out on the deck of your cabin and watch the moon journey across a stunning mountain backdrop, with the sounds of nature at night rising all around you.



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Saturday 9th July: Sunwapta Falls to Saskatchewan River Crossing – Total Distance: 98km (62 miles)

A bountiful, gourmet breakfast is served around 8am. After a quick briefing of the route, hills (aka “bumps”) and rest stops, we’ll hop on the bikes and hit the road for the day’s journey to Saskatchewan River Crossing. We’ll climb past Tangle Falls and over the BIG bump, making our way towards our lunch stop in the shadow of the great Columbia Icefields, from which flow the Athabasca and Dome glaciers. After a nutritious meal and a well-deserved break, we’ll get back in the saddle and ride the scenic Sunwapta Pass. A rewarding 15 km downhill section awaits as we sweep down towards the valley floor again and on to the impressive cliffs and waterfalls of the Weeping Wall. A few rest stops along the way will break up the journey, provide photo opportunities, and give the group a chance to re-congregate as necessary. We’ll then conquer the remaining rolling hills accompanied by the sound of flowing rivers and in the presence of towering, snow-capped mountains. Before you know it, you’ll be enjoying a cold drink under Mt. Wilson at the *Crossing Resort*. You’ll be tired but satisfied knowing you’ve just knocked off one of the longer days of cycling of the tour.

Traveler’s Tip: Keep an eye out for the Crossing on your left as you approach! After nearly 100kms and with a 360 degree view of Mountains surrounding the resort, a tired traveler or two have been known to inadvertently sail on by!

Things to Do:

- Check out the extensive gift shop! Lots of shopping is available at this unique mountain resort, and with plenty of cargo space in the van and trailer, we are happy to carry your treasures back for you.
- Enjoy the outdoor patio at the pub! Take in some stunning scenery while you recount the adventures had and memories made over the day’s kilometres.

Sunday 10th: Bow Pass to Lake Louise – Total Distance: 85km (53 miles)

After fuelling up at breakfast you’ll climb out of the valley in the shadow of Mount Murchison. Shortly after, the terrain levels off again and you’ll cruise easily past endlessly changing vistas of mountains, turquoise green Glacial Lakes and abundant wildlife. Bow Pass, the final challenge of the tour awaits – but feel free to take it at your own pace. Your reward will be witnessing a panoramic view like no other of Peyto Lake far below; in the distance, the valley that you’ve been riding down for the past few days can be seen in all its glory, surrounded by mountains as far as the eye can see. You’ll descend to the shores of Bow Lake for a well-deserved lunch break in a breathtaking setting before we essentially roll downhill all the way to Lake Louise. The lovely and well-appointed *Lake Louise Inn* is where you’ll rest your head tonight.

Traveler’s Tip: the Bow Pass ascent is long, but manageable! Don’t forget, though, that you can always hop in the van if you’re not feeling the love for it at any moment!

Things to Do:

- Take a dip in the hotel pool or relax in the hot tub!
- Stretch your legs with a leisurely walk through the quiet village of Lake Louise.
- Get your group together and hop into the van for a jaunt up to the stunning Lake Louise, the area’s namesake. This turquoise, glacier-fed lake is situated in an amphitheater of towering mountains and is absolutely a must-see!



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Monday 11th July: Bow Valley Parkway into Banff / Canmore – Total Distance: 100 km (60 Miles)

After the last few days, today will be a breeze. You'll pedal 100 km on gently rolling hills and flats towards Banff on the historic Bow Valley Parkway. Shaded by ancient trees, this final leg of the tour offers plenty of time for peaceful reflection in lush surroundings. We'll take a rest break under the awesome Castle Mountain before joining a bike path called the Legacy trail that brings us into the world-class town of Banff. You'll be able to take in all the magnificence of Banff's surroundings including Mt Rundle, Cascade Mountain and Vermilion Lakes from the peace and quiet of your bike. From here, you'll have the option of cycling a 14 km loop past Lake Minnewanka and Two Jack Lake before finishing off stage one of the epic journey by riding the last 25km on a dedicated bike path to Canmore.

Traveler's Tip: If our 4 day tour is too short for you but 12 days is too long we can split this tour into two 7 day tours. Please find additional details on this throughout the itinerary.

We'll transport those joining us for the second half of the tour to Canmore from Edmonton or Calgary today. Exact departure details will be published closer to the actual tour date.

Tuesday 12th: Rest Day in Banff and Canmore

Breakfast will be served at the onsite restaurant. Today is yours to relax and or explore Canmore and Banff. Activities could include, Shopping, sightseeing, Banff Gondola, Hot springs, Golf, Museums, Via Ferrata climbing and more.

Traveler's Tip: We'll transport those leaving us after the first half of the tour back to Edmonton via Calgary today departing Canmore around midday.

Wednesday 13th: Canmore to Kananaskis — Total Distance: 63 km (38 Miles)

After yesterday's rest day, we'll reintroduce some riding again but with a shorter day (63 km) to ease you into the remaining 3 days riding. Rolling out of Canmore we'll start on a quiet road (1A) that runs parallel with the main highway. We'll merge onto the main highway 1 for a few km before turning south onto Highway 40. We'll then travel through to Kananaskis Villiage where we'll stay at the Delta Lodge at Kananaskis for the night. You'll have the afternoon to yourself to play a round of golf, go whitewater rafting, horse-riding, Hike or Mountain Bike on the surrounding trails. Alternatively or in addition to the above activities you could go shopping in the village, book a massage, soak in the hot tubs at the onsite Summit Spa and fitness centre and relax for the afternoon.

Thursday 14th: Over the Highwood pass we go to Longview — Total Distance: 130 km (78 Miles)

Breakfast will be served at the onsite restaurant then we'll start the days 130 km journey over the Highwood Pass (Canada's highest paved road @ 2200 m above sea level) to the small cowboy town of Longview. There will be a rest stop or two set up along the way to bring the group back together if necessary and to supply you with some nutrition. Our accomodation for the night is at the Blue Sky Motel. There is a local cowboy pub across the street where we'll have dinner and drinks.

Friday 15th: Cowboy Trail to Pincher Creek, Foothills and Prairies — Total Distance: 134 km (80 Miles)

Breakfast will be served at the cafe across the street. We'll then ride 134km of rolling hills south on the cowboy trail (Hwy 22) to Hwy 3 where we turn east and ride on to Pincher creek. Another spectacular road with great mountain views to the west and rolling farm land to the east. We'll stay the night in Pincher Creek at the Ramada hotel. Pincher creek is renowned for being a windy place so you can expect some wind today (likely cross wind on Hwy 22, and a tail wind hopefully for the last 20km on Hwy 3. We'll pass by some of the 272 wind turbines in the area that generate a large portion of clean renewable energy to the province which is quite cool to see. We'll have dinner at a local restaurant tonight a short walk from the hotel.



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Saturday 16th July: Pincher creek to Waterton National Park — Total Distance: 60+ km (36+ Miles)

Breakfast will be served at the onsite restaurant. At 9am we'll start cycling the last 60 km journey to Waterton National Park. Upon arrival in Waterton we'll pack up the bikes into the trailer and get settled at Aspen lodge / Aspen Villiage for the night. This will be our last night on the tour so we'll have a celebratory dinner at the onsite restaurant.

Traveler's Tip: If you are keen for a bit more distance there are multiple extensions to todays riding including riding to the US boarder and back, or up to Red Rock Canyon. These side trips are optional and other sightseeing activities can be programmed in to fill the afternoon if you're happy to finish up the tour with an easier day.

Sunday 17th: Home sweet home

After a leisurely breakfast, you can sit back and relax and reflect on how awesome you are, as we provide transfers to Calgary international Airport or Edmonton where you can continue your travels. Estimated arrival times are 1pm and 4pm respectively. Please allow enough time between the above arrival times and your outbound flights in case of unavoidable delays.

Scheduled Departures:

Full tour: 6th - 17th July 2017

7 day option:

Jasper to Canmore: 6th - 12th July,

Canmore to Waterton: 11th - 17th July

Note: The above tour dates are subject to change. Please check the [Join A Tour](#) page of our website for up to date information and current seat availability.

WHATS INCLUDED:

Package Includes:

- Full Tour: 11 nights hotel accommodation (twin share)
Shorter option: 6 nights hotel accommodation (twin share)
Night 1 & 2: Beckers Chalets, Night 3: Sunwapta Falls, Night 4: The Crossing Resort, Night 5: Lake Louise Inn, Night 6 & 7: Ramada Canmore, Night 8: Delta at Kananaskis, Night 9: Blue Sky Motel, Night 10: Ramada Pincher Creek, Night 11: Aspen Villiage.
- Meals: Full tour: 11 Breakfasts, 9 snacks, 9 lunches, 9 Dinners.
Shorter option: 6 Breakfasts, 5 snacks, 5 lunches, 6 Dinners.
- Van support during riding days and National Park fees
- Transport for you, your luggage and your bike to Jasper from Edmonton on day 1 and return transport to Edmonton via Calgary and Calgary International Airport on day 12.
- USB disk with high-quality photos taken during the tour.



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OPTIONAL EXTRAS

Package Excludes:

- Breakfast on Day 1 and Lunch / Snacks on Day 1, 4, 7 and 12.
- Single supplement Full Tour (Own room to yourself during tour) = + \$1224 + 5% gst.
Single supplement Half Tour (Own room to yourself during tour) = + \$612 + 5% gst.
- Flights into Edmonton and out of Calgary if required.
- Tour guide Gratuity: Optional but appreciated and customary in Canada for good service.
- Accommodation in Edmonton the night before tour if required.
- Rental Bike for 12 day tour = \$440 + 5% gst. (entry level road bike, Felt Z85 model, carbon fork, aluminum frame)
Rental Bike for 7 day option = \$300 + 5% gst.
- Additional non rider activities
- Alcoholic drinks not included in evening meals.

Custom groups: For custom groups of 6 -11 people we can customize the above itinerary to suit your groups needs. Contact us to check our availability and for a custom quote. We love custom tours and are more than happy to modify or add anything to suit your groups needs.

Note: A moderate level of fitness and a road / cross / touring / mountain bike (with slick tires) or one of our rental bikes are recommended to take part in this tour.

- We've seen all types of people of varying fitness levels and bikes successfully complete this 12 day tour. Good mental attitude will triumph all challenges and you'll come out the other side of this tour stronger and more confident than ever. We'll be just around the corner if it ever gets a bit too much and can give you a ride in the van if you're not feeling the love for it at any stage of the tour.
- Haven't quite got the budget for this hotel based tour or are wilderness hostels more your style? We may be able to accommodate you using Hostels some nights. Contact us for more on this option.
- Are you a bit scared of the distances or hills on the tour or worried about keeping up with your partner or others on the tour? We have an electric pedal assist bike available in our rental fleet to help you out .

Minimum numbers required to run tour:

We are happy to provide guaranteed departures for a group of at least 2 passengers.

More Questions: Please see our [FAQ document online](#) for more general information applicable to all our bike tour itineraries.

Pricing: Full Tour: Twin Share, bring your own bike: \$3,919

7 day option: Twin Share, bring your own bike: \$2,239

- Single Supplement (room to yourself) and Rental bike options, See above.
 - Additional night accomodation, breakfast and airport transfers the day before tour in Edmonton or Jasper: + \$200
- Pricing listed above is per person in CA\$ and excludes 5% gst.

Contact: Ben Johnson | **Web:** www.mountainmadnesstours.com

Email: info@mountainmadnesstours.com | **Phone:** + 1.780.885.9813

More info: <http://mountainmadnesstours.com/cycling-tours/jasper-banff-bike-tours>